

# VIVA

## BUCKINGHAM



# JUNIOR GYM SESSIONS & YOUTH MEMBERSHIPS AVAILABLE NOW!

**\* Grow Confidence \* Build Strength  
\* Injury Prevention \* Feel Good**

Our experienced friendly fitness instructors are here to help our youth members achieve their goals & have fun in a safe setting

## JUNIOR GYM

Ages 12 - 15 Years  
Sundays 2-3pm

*Starting Sunday  
13th March*

Starting Sundays 2-3pm  
6 week intro block  
Just £30 incl PT instruction  
Limited places

## YOUTH MEMBERS

Ages 14 - 18 Years  
Open 7 days a week

*Available NOW!*

Youth Memberships  
Only £10 / month  
No joining fee  
Limited places

*Family Group Memberships available from £60 / month*

VIVA GYM  
at The Royal Latin School  
Chandos Road, Buckingham

Member Opening Hours:  
Mon - Fri: 5.30pm - 8.30pm  
Weekends: 8am - 5pm

Contact the team to book:  
[www.royallatin.org/viva](http://www.royallatin.org/viva) [vivagym@royallatin.org](mailto:vivagym@royallatin.org)  
T: 01280 827320 (opening hours)